



**Terminology and Acronyms you are likely to come across within the Swingers lifestyle, this is by no means a comprehensive list.**

**A**

**AC/DC-** Person who enjoys both same sex and opposite sex sexual activity; Bi; Bisexual.

**AIR-TIGHT-** A Woman who likes to have each hole blocked.

**B**

**B&D or B/D-** Bondage and discipline; use of various methods to restrain someone while administering discipline, usually done by a "master" to his/her "slave".

**BAREBACK -** Sexual intercourse without protection of condom

**BBC-** Big Black Co<k

**BI-CURIOS-** A Male or Female who is interested in trying same-sex activities.

**BONDAGE -** A sexual fetish in which restraints such as ropes, chains, cloth or leather straps are used to bind, tie or hold a participating sexual partner. The person doing the binding is considered "dominant" while the person being bound is considered "submissive."

**BULL -** A Single Well Hung Male and often like to be watched by the cuck as bull is usually used in reference to hotwifing/cuck dynamics although other people do seek them out for 1:1 usually because they well

**C**

**CAN ENTERTAIN AND/OR TRAV -** Advertiser willing to invite others to their home for swinging and/or willing to travel to your home to swing.

**CANING-** A spanking fetish employing a light cane usually bamboo or other light wood.

**CHEATING-** Sexual activity with others without spouse's knowledge and/or consent.

**CIS-** person has a gender identity that matches their sex assigned at birth.

**CLEAN-** Hygienic; Free of sexually transmitted diseases.

**CLOSED DOOR/CLOSED SWINGING-** Sexual interaction among couples using separate rooms, usually in the same house. Provides a maximum of privacy.

**CLOSET SWINGER-** A person who hides the fact that he/she is a swinger.

**CUCKOLD -** While the originally meaning is the husband of a wife who cheats, it has come to mean (more often than not) a husband who's wife plays without him and comes home to tell him about it. It can also mean a husband who watches his wife play with others, or is forced to watch. This can also be reversed on the wife. Since different people use the word to mean different things, it is best to ask the people using the word in order to clarify the definition.

## D

**D&D**- Drug and Disease Free, No STD or STI and not using drugs.

**DISCREET OR DISCRETION**- Asking those who write or call to exercise caution so that children or others who may open mail or answer phone will not be offended and/or made aware of the swinging activity.

**DOCILE** - Willing to receive bondage and/or discipline.

**DOGGING** - is a British English slang term for engaging in sexual acts in a public or semi-public place or watching others doing so.

**DOMESTIC TRAINING** - Submissive obedience to household chores of an intimate and humiliating nature.

**DOMINANT** - A sexual partner in control of a willing submissive partner.

**DRAGON**- Single Male

**DTF**- Down to Fu<k

## E

**ETHICAL NON-MANOGAMY** - Ethical non-monogamy (ENM), also known as consensual non-monogamy (CNM), is an approach to relationships wherein people can have more than one romantic or sexual partner at a time.

**EXHIBITIONIST** - Behaviour in which an individual experiences sexual arousal or pleasure from displaying his/her body. Enjoys being watched.

## F

**F**- Female

**FETISH** - Sexual arousal and pleasure through use of non-sexual objects, actions or non-genital anatomy..

**FUN AND GAMES** - Euphemism for sexual activity.

## G

**GANG BANG** - A gang bang is a situation in which several people engage in physical sexual activity with one specific individual sequentially or at the same time.

**GAY** - A homosexual person, male or female. A gay female may also be called a Lesbian.

**GENEROUS** - Refers to money for sex.

**GROUP ROOM** - Room set aside for group sex, generally furnished with wall-to-wall mattresses or pads. Term is prevalent in western US.

**GROUP SEX** - Swinging; Sexual activity between three or more people.

## H

**HARDCORE/ HARD SWING** - A swing party or swing engagement where sexual interaction is assumed and expected.

**HETEROSEXUAL** - Sexual attraction to members of the opposite sex.

**HOMOSEXUAL** - Sexual attraction to members of the same sex

**HOSTING** - Providing a location for meet.

**HOTWIFING** - A Husband / Partner that receives gratification from seeing another man having intercourse with his wife, similar to CUCKOLD but without it being 'Forced' in a derogatory manner

**HUNG** - Refers to a man with a large penis.

## I

**INTERESTED IN FRIENDSHIP** - Seeks a swinging relationship that includes emotional and recreational values.

## J

**JEALOUSY** - a complex emotion that encompasses feelings ranging from suspicion to rage to fear to humiliation.

## K

**Kink** - Kink sexual practices go beyond what are considered conventional sexual practices as a means of heightening the intimacy between sexual partners.

## L

**LESBIAN** - A woman sexually and emotionally attracted to other women.

**LS** - Lifestyle - refers to swinging, kink, and alternative lifestyles.

**LTR** - Long Term Relationship

## M

**MARITAL AIDS**- Dildos, vibrators, and other devices used for sexual pleasure of self and others.

**MASOCHISM** - Sexual gratification through receiving pain and humiliation from others.

**MASTER/SLAVE** - Participants in a bondage and discipline sexual relationship.

**MEET FOR PLEASURE** - Will meet for swinging sex; no pretence for social or emotional interaction not directly related to sexual activity.

**MONOGAMOUS** - A relationship in which an individual only has one partner.

**MUGGLE** - Yes for some reason people often use this term for someone outside the lifestyle

## N

**NEOPOLITAIN** - When a man and woman participate in anal sex (chocolate), oral sex, including ejaculation (vanilla), and vaginal sex (strawberry) in the same sexual session.

**NEWCOMERS / NEWBIE** - New people in swinging; First-timers, less than 12 active months in LS

**NONSMOKER** - Does not smoke. If used in personal ad means only those who do not smoke are sought for swinging purposes.

**NSA** - No Strings Attached - Just Sex

## O

**OFF-PREMISES** - No swinging takes place at the club or party; you meet and make your own arrangements. Great for newcomers.

**OPEN DOOR/ OPEN SWINGING** - A couple swinging with another couple in the same room; Several or all participating couples together in the same room. A minimum of privacy.

**ORGY** - refers to a group of more than four people engaging in sex

## P

**PANSEXUAL** - sexual, romantic, or emotional attraction towards people regardless of their sex or gender identity.

**PANTS ON/OFF FRIENDS** - Pants on Friends, friends within the lifestyle that you do not play with, Pants Off Friends - Friends that you play with

**PASSIVE** - Quiet, submissive non-contributor, willing to receive corrective training. Docile and submissive in swinging.

**POLYAMOROUS (POLY)** - a form of ethical, or consensual, non-monogamy that involves having romantic or sexual relationships with multiple partners at the same time.

**PrEP** - is a novel HIV prevention strategy.

**PRO** - Professional, i.e. prostitutes or paid escorts.

**PUPPY PILE** - usually refers to a group of people engaging in sexual activities in close proximity, can also refer to group in cuddle time.

## R

**RECREATIONAL SWINGER** - A person who practices swinging primary as a recreational diversion; not interested in forming any long-term friendship or emotional attachment.

**RESTRAINT** - Mild bondage used in sexual fantasy enactments.

**REWARD** - Financial exchange for service

**RUBBER** - Condom means of contraception; sexual stimulation through the look, feel and smell of rubber, usually associated with B&D.

## S

**S&M or S/M** - Sadism and Masochism.

**SADISM** - Sexual gratification through inflicting pain and humiliation on others.

**SAFE** - Used to describe a person who cannot conceive or impregnate; a man who has had a vasectomy; Naturally or surgically sterile.

**SOCIALITE SWINGERS** - Couple or Individual that prefers some connection with others before play

**SOFT SWINGERS** - Couples who only have intercourse with their own partner. No swapping for intercourse.

**SRS** - The term used to describe same-room sex, watching/being watched, or any sexual encounter up to, but not including intercourse, with someone other than your spouse. The first experience for many couples some type of soft swinging.

**STD** - Sexually Transmitted Disease. A term developed in the late 1970's to replace VD as the latter carried social and moral implications in the minds of many. These social and moral implications interfered with the legitimate treatment of sexually transmitted diseases as a medical problem.

**STR or STR8/STRAIGHT** - Any person who is not interested in engaging in homosexual activity or A person who does not use drugs; also used by swingers to denote non-swinging people.

**SUBMISSIVE** - Passive, wishes to be dominated.

**SWAPPING** - Two couples exchanging partners for sexual activity.

**SWING DROP** - A state of mind of depression or low feeling usually comes after a high

## T

**THREESOME** - Three people, two of one sex and one of the other in a swinging encounter.

**TRIAD** - Three people, two of one sex and one of the other in a continuing relationship of emotional and sexual involvement. Not the same as a threesome.

## U

**UNICORN** - a single BISEXUAL woman who plays with couples to satisfy both

## V

**VANILLA** - refers to how someone perceives or wants sex. If they are not interested in any variation, or not wanting to try kinks, fetishes or new experiences is said to prefer "vanilla sex" A person may have multiple partners, but still prefer only vanilla sex.

**VOYEUR** - A person who enjoys watching others in sexual acts.

**VOYEURISM** - Sexual gratification by watching or peeping at others engaged in sexual activity.

## W

**WIFE SNATCHING** - When a couple talks to another couple but only intends on playing with the female.

## Y

**YODA COUPLE** - A Experienced couple in the lifestyle who will generally give advice and support to newcomers.

## OTHER

**420 FRIENDLY** - Likes marijuana / illicit substances.